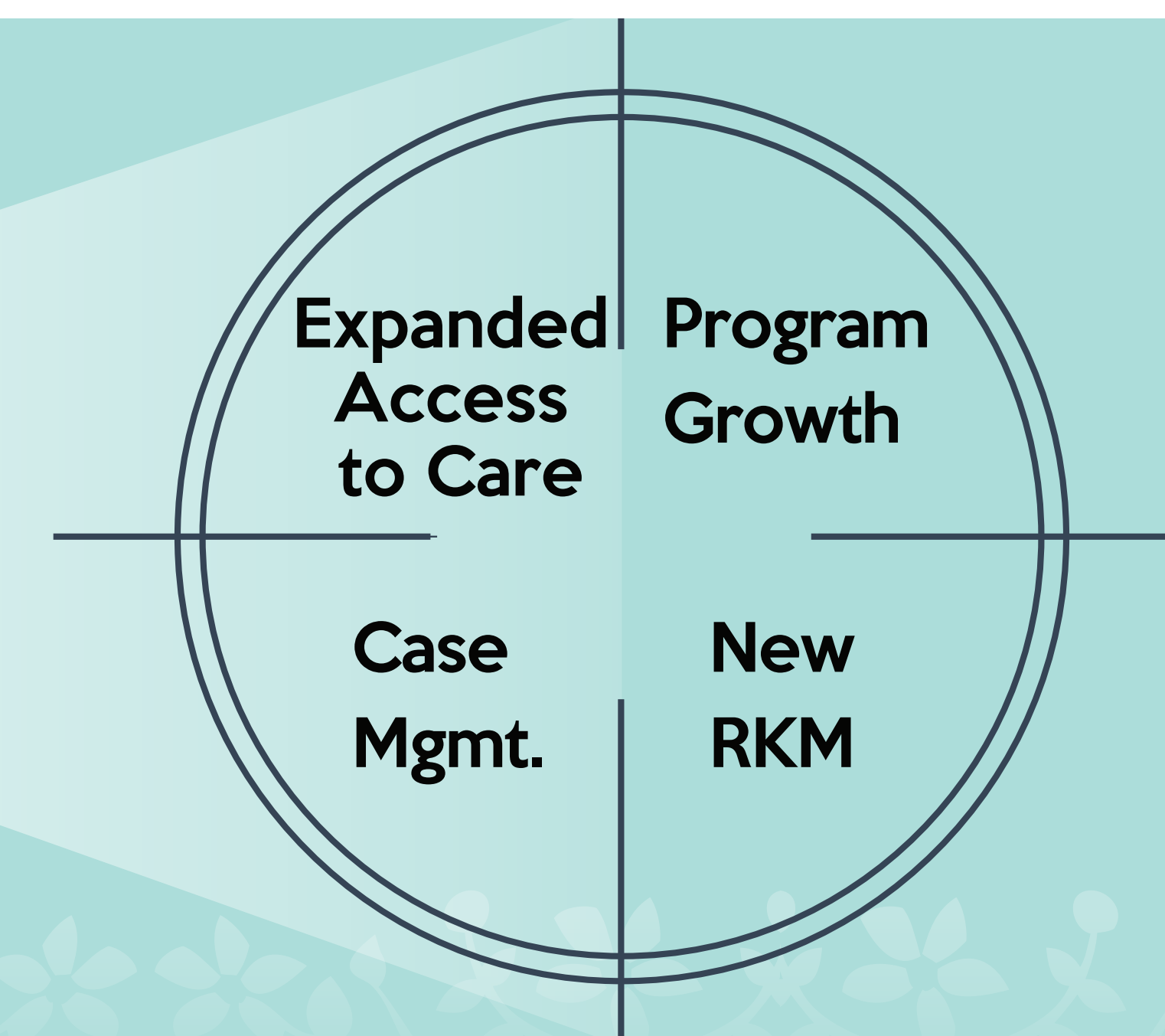


The new Life Center

“Thoak Thag Ke”

Widening the Scope

of services and adding more opportunities for ALL!



Gila River Health Care is pleased to announce the launch of the revitalized, **New Life Center**. In response to the changing needs of patients and the Community, the **New Life Center's** programs and services are available to everyone and are newly packaged to activate all groups.

TOTAL ACCESS

The goal of the newly revamped department structure is to provide total access to all patients by extending the scope of services that are now rebranded in an audience-activated way.

BETTER TOGETHER

The New Life Center programs and service have a pivotal role in providing options for those managing and/or preventing diabetes. Consolidation of the previous Life Center and Diabetes Care Program allows the rebirth of the New Life Center to offer more services to more people. The two programs work “better together” by:

- Providing an extensive range of skills and knowledge that can enhance the New Life Center's workforce capability and capacity.
- Progressively working as part of an extended clinical team.
- Providing better access to information, advice and treatment.

NEW ACTIVATED AUDIENCES

Departmental staff will be working more closely with a wider range of health and wellness professionals and will provide vital clinical leadership, particularly for key groups who are currently managing diabetes and/or have complex needs or simply trying to prevent diabetes. In an effort to activate key groups, the New Life Center program and services are packaged by audience. Widening the scope of services invites everyone to the New Life Center.

NEW LIFE CENTER – ACTIVATED AUDIENCE PROGRAM/SERVICE STRUCTURE

Elders Programs & Services

Diabetes Education

Nutrition and meter education for individuals of all ages with diabetes, prediabetes, or those at risk of getting diabetes. Diabetes self-management, weight management, and blood pressure classes.

Diabetes Counseling and Support

Support for individuals facing challenges while living with diabetes or prediabetes. Individual and family counseling, support groups, and tobacco cessation classes offered.

Tribal Wellness

Fitness assessments providing fitness training, classes, and recreation sports offered to all ages.

Life Center Nurse Practitioners

Diabetes Management of Coordination of Care. (15 years old and up)

Adults Programs & Services

Motivating Others to Value Exercise (MOVE)

Provides fitness training for individuals who are living with diabetes and or those at risk of getting diabetes who want to improve their health. Training is available to individuals of all fitness levels and abilities.

Diabetes Education

Nutrition and meter education for individuals of all ages with diabetes, prediabetes, or those at risk of getting diabetes. Diabetes self-management, weight management, and blood pressure classes.

Diabetes Prevention (DPP)

A 16-week health education program offering to adults with prediabetes or help those with a higher chance of getting diabetes, return to normal ranges.

Newly Diagnosed Diabetes

Individual education and support for patients newly diagnosed with diabetes. Provides access all the necessary care needed to live healthy with diabetes.

Tribal Wellness

Fitness assessments providing fitness training, classes, and recreation sports offered to all ages.

Life Center Nurse Practitioners

Diabetes Management of Coordination of Care. (15 years old and up)

Young Adults & Families Programs & Services

Motivating Others to Value Exercise (MOVE)

Provides fitness training for individuals who are living with diabetes and or those at risk of getting diabetes who want to improve their health. Training is available to individuals of all fitness levels and abilities.

Diabetes Education

Nutrition and meter education for individuals of all ages with diabetes, prediabetes, or those at risk of getting diabetes. Diabetes self-management, weight management, and blood pressure classes.

Diabetes Prevention (DPP)

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Life Center Nurse Practitioners

Diabetes Management of Coordination of Care. (15 years old and up)

Newly Diagnosed Diabetes

Individual education and support for patients newly diagnosed with diabetes. Provides access all the necessary care needed to live healthy with diabetes.

Tribal Wellness

Fitness assessments providing fitness training, classes, and recreation sports offered to all ages.

Family Wellness

A 10-week program where parents and children may learn together about improving cooking skills, choosing healthy foods every one enjoys, and how physical activity can be fun for the entire family.

Genesis

Provides diabetes prevention classes to children in grades Pre-K to 1st. Provides nutrition education to parents and breastfeeding mothers.

Youth and Children Programs & Services

Youth Wellness

Diabetes prevention classes available to GRIC youth in grades second through 12th.

Tribal Wellness

Fitness assessments providing fitness training, classes, and recreation sports offered to all ages.

Family Wellness

A 10-week program where parents and children may learn together about improving cooking skills, choosing healthy foods every one enjoys, and how physical activity can be fun for the entire family.

Genesis

Provides diabetes prevention classes to children in grades Pre-K to 1st. Provides nutrition education to parents and breastfeeding mothers.

NEW LIFE CENTER (520) 562-7940

TRIBAL WELLNESS (520) 562-2026 • GENESIS (520) 562-1237