Are you expecting a child or have a young toddler at home?

Is your home LEAD safe?

Lead can be harmful when it gets into the body, especially for young children and pregnant women.

We can be exposed to lead through a wide range of sources.

Lead poisoning can cause permanent developmental, hearing, behavioral, and learning problems.

Young children are most at risk because they are still developing, put everything in their mouths, and absorb lead easily.

Complete this checklist to find sources of lead in your home.

Was your home built before 1978?
If yes, then it is likely to contain lead-based paint.

Complete these actions to prevent exposure to lead-based paint.

- Have an EPA-certified professional check home for lead.
- Have an EPA-certified professional repair peeling, chipping, or flaking lead-based paint. Sanding or scraping lead-based paint will make hazardous dust.
- Have an EPA-certified professional perform necessary renovations on home.
- Cover bare lead-contaminated soil with vegetation or pavement.
- Establish a cleaning routine.

For more information visit our website at www.azhealth.gov/lead or call 602-364-3118.
Are there items in your home that may contain lead?

Check box if you use that item.

1. Imported make-up (Sindoor, Khol, Kajal, or Surma)
2. Lead crystal, pewter, or porcelain
3. Older toys or toys purchased in discount stores, costume, or play jewelry
4. Imported glazed pottery
5. Home remedies or Ayurvedic remedies (Azarcon, Greta, Pay-loo-ah)
6. Imported candies (tamarindo, chili) or imported spices (turmeric)

Don’t use items that may contain lead and keep them out of reach of children.

Bare soil or dirt could be contaminated from lead-based paint or by living near an industrial factory, highway, or mine.

Does someone in the home have a job or hobby that involves lead?

- Car repair
- Construction
- Painting
- Mining
- Plumbing
- Hunting—using lead bullets
- Fishing—using lead sinkers
- Furniture refinishing
- Stained glass
- Indoor shooting ranges

Avoid bringing lead into your home.

Leave the Lead!

- Change clothes and/or shower before you enter your home
- Wash your work/hobby clothes separately
- Keep your work shoes outside or in the garage

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