

Gila River Health Care BHS Prevention Program promotes a suicide-safer community.
Mental Health First Aid is full day training for adults, funded by program grants and is offered at no cost to GRIC.

Objective of MHFA Training:

MHFA trainings are taught through lecture, group, and interactive role playing settings. Participants will learn how to:

- Identify warning signs, risk factors, and protective factors.
- Assist a person who may be in the early stages of developing a mental health issue.
- Assist a person who may be in a mental health crisis.
- Identify community resources.

Important Training Information:

- Training is from 8:30 AM to 5:00 PM.
- Trainings register a minimum of 6 people total and a maximum of 20.
- All participants are asked to respect others and limit use of electronics during trainings.

For updated training dates, look for registration form postings.

You may also contact the GRHC BHS-Prevention Program at (520) 562-3321 ext. 7157 or email at bhsprevention@grhc.org to request a registration form.