



Objective of MHFA Training:

MHFA trainings are taught through lecture, group, and interactive role playing settings. Participants will learn how to:

- Identify warning signs, risk factors, and protective factors.
- Assist a person who may be in the early stages of developing a mental health issue.
- Assist a person who may be in a mental health crisis.
- Identify community resources.

Important Training Information:

- Training is from 8:30 AM to 5:00 PM.
- Trainings register a *minimum* of 6 people total and a *maximum* of 20.
- All participants are asked to respect others and limit use of electronics during trainings.

REMINDER:

I signed up for the Mental Health First Aid training on:

- ADULT MHFA | Thursday Feb. 9, 2017
- YOUTH MHFA | Tuesday Mar. 7, 2017
- ADULT MHFA | Thursday Apr. 11, 2017

Gila River Health Care BHS Prevention Program promotes a suicide-safer community. Mental Health First Aid is full day training for adults, funded by program grants and is offered at no cost to GRIC.

Emergencies, always dial 911 | GRIC Crisis Line 1-800-259-3449

-----cut here-----

MHFA Registration Form

- Desired Training Dates:**
- ADULT MHFA | Thursday Feb. 9, 2017
 - YOUTH MHFA | Tuesday Mar. 7, 2017
 - ADULT MHFA | Thursday Apr. 11, 2017

Participant Name: _____

Preferred Form of Contact: Phone Call Email Text Message

Participant Email: _____ **Participant Phone:** _____

Participant Employer: GRIC GRHC OTHER | **Department:** _____

GRIC Member? Yes No

Return to Gila River Health Care BHS Prevention Program:

MHFA Trainer: Anna Pacheco | **Phone:** (520) 562-3321 ext. 7031 | **Email:** apacheco@grhc.org | **Fax:** (602) 528-1374

Notes: _____ Received Date: _____