

June Special Caramel Frappe



Treat
Yourself
Right
Now!

Only 3.50 for a Delicious Icy Drink

Stay Cool this Summer

Keeping cool in Arizona is always a challenge. A couple of tips to help you stay safe and cool.

- Keep plastic bottles of water in the freezer. Grab them when you have to go anywhere.
- Choose lightweight cotton. It is breathable and excellent for ventilation and coolness.
- Wear loose fitting clothing.
- Plan more time indoors such as the library, walking the mall, going to a museum, or watching a movie.
- Drink 6-12 ounces of water every 15 minutes.
- Keep a water spray bottle in the fridge, spray yourself anytime you come in from the outdoors for a quick cool down.

Governance Center
(602)679-6994
Monday-Friday
8:00am - 3:00pm
www.Kowee.mobi

