

Teen S.A.F.E Alternatives©

Learning to Live a HARMLESS Life

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What we are...

A supportive and educational group for teens struggling with self-harm.



- *Run by Licensed Clinicians*
- *Positive and Safe Space*
- *Recovery-Oriented*
- *Harm Reduction*
- *Confidential*

Every Wednesday from 4:30-5:30pm

Starting August 10th, 2016
@ New Beginnings Building

Teens Ages 13-17

Group Facilitators

Megan Stanek 480-868-7736 or mstanek@GRHC.org

Laura Jones 520-610-6321 or ljones@GRHC.org