

Safety First

Learning to Live a HARMLESS Life

What we are...

A supportive and educational group for teens struggling with self-harm.



- *Run by Licensed Clinicians*
- *Positive and Safe Space*
- *Recovery-Oriented*
- *Harm Reduction*
- *Confidential*

Every Wednesday from 4:30–5:30pm

Red Tail Hawk

**3042 W Queen Creek Rd
Chandler, AZ**

*Females ages 13-17
with referral from
case manager*

Group Facilitators

Megan Stanek 480-868-7736 or mstanek@GRHC.org

Laura Jones 520-610-6321 or ljones@GRHC.org