Safety First
Learning to Live a HARMLESS Life

What we are...
A supportive and educational group for teens struggling with self-harm.

- Run by Licensed Clinicians
- Positive and Safe Space
- Recovery-Oriented
- Harm Reduction
- Confidential

Every Wednesday from 4:30-5:30pm

Red Tail Hawk
3042 W Queen Creek Rd
Chandler, AZ

Females ages 13-17 with referral from case manager

Group Facilitators
Megan Stanek 480-868-7736 or mstanek@GRHC.org
Laura Jones 520-610-6321 or ljjones@GRHC.org