



# safeTALK

Gila River Health Care BHS Prevention Program promotes a suicide-safer community.  
safeTALK is half-day training, funded by program grants, and is offered at no cost to GRIC.

## OBJECTIVE OF SAFE TALK TRAINING:

safeTALK trainings are taught through lecture and role playing settings. Participants will learn:

- How to recognize the warning signs of those who may have thoughts of suicide.
- What the TALK steps are: (*Tell, Ask, Listen, and Keep safe*) and how to apply those steps.
- How to connect a person with thoughts of suicide to a “suicide first-aid intervention caregiver”

## IMPORTANT TRAINING INFORMATION:

- All participants must be *at least 15 years or older*. (*Minors will require a signed permission slip.*)
- Trainings register a minimum of 6 people total.
- safeTALK is an introductory training designed for non-mental health professionals.

### UPCOMING TRAINING DATES:

- ☐ Thursday, June 06, 2019  
12:30 PM - 04:00 PM at District 3 Tribal Health Conf. Rm. B
- ☐ Wednesday, July 17, 2019  
12:30 PM - 4:00 PM at District 2 Service Center
- ☐ Tuesday, August 20, 2019  
12:30 PM - 04:00 PM at District 3 Service Center

For more information or to register for a this training please feel free to contact the BHS Prevention Program  
SafeTALK Contact at (520) 562-3321 x6421 or email at [bbennett@grhc.org](mailto:bbennett@grhc.org)

Emergencies, always dial 911 | GRIC Crisis Line 1-800-259-3449



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### SAFE TALK REGISTRATION FORM

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☐ Wednesday, July 17, 2019 | 12:30 PM - 04:00 PM at District 2 Service Center  
☐ Tuesday, August 20, 2019 | 12:30 AM - 04:00 PM at District 3 Service Center

Name: \_\_\_\_\_

Preferred Form of Contact: ☐ Phone Call ☐ Email ☐ Text Message

Email: \_\_\_\_\_ Phone: \_\_\_\_\_