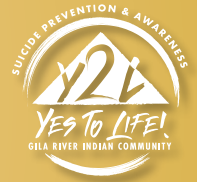




Gila River
HEALTH CARE

Behavioral Health Services

JANUARY



Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31 New Year's Eve	1 • New Year's Day	2
3	4	5 Parents of Teenagers Class (1/5, 1/6, 1/7) 9am - 11am Dangers of Fentanyl 12pm - 1pm	6 Parenting as Prevention 12pm - 1pm	7 Narcan Training 12pm - 1pm Gila River Prevention Coalition 11am - 12pm	8 QPR Suicide Prevention Training for Adults 1pm - 2pm	9
10	11	12 Heroin & Other Opioids 12pm - 1pm	13 Youth: Healthy Connections 5pm - 6pm	14	15 Online Learning: Meth 12pm 1pm	16
17	18 • Martin Luther King Jr. Day	19 Parenting Class General (1/19, 1/20, 1/21) 9am - 11am	20 Online Learning: Marijuana 12pm - 1pm	21 Heroin & Other Opioids 1pm - 2pm Gila River Prevention Coalition 11am - 12pm Family Night: Alcohol Prevention 6pm - 7:30pm	22 Hoops 4 Life for Teens 5pm - 6pm	23
24 Stomp Out the Stigma Walk 2021 All Week Long	25	26 Online Learning: Alcohol 12pm - 1pm	27 Teens: QPR suicide prevention training 5pm - 6pm	28 Dangers of Fentanyl 12pm - 1pm	29 QPR Suicide Prevention Training for Adults 1pm - 2pm	30
31	1	2	For more information, please contact: bhsprevention@grhc.org (480) 868-7723			6
COVID Anxiety and Stress Helpline: (602) 528-7122						

Gila River Indian Community Crisis Line
1-800-259-3449
Call 24 hours a day for immediate help.

National Suicide Prevention Lifeline
1-800-273-8255