



January 25- 29, 2021

# WEEKLY VACCINE UPDATE

## What you need to know this week!

### IMPORTANT NOTE:

At this time, GRHC is only administering the Pfizer and Moderna COVID-19 vaccines. Both vaccines require two doses, are equally effective and present the same potential for side effects. Recipients of either vaccine (Moderna or Pfizer) will receive the same vaccine for both doses. The CDC advises against mixing vaccines.

**COVID Vaccinations provided at GRHC facilities are by appointment only.**

TO SCHEDULE AN APPOINTMENT PLEASE CALL 602-528-1482 (Monday thru Friday between 8 am to 6 pm) or email [C19schedulingbox@grhc.org](mailto:C19schedulingbox@grhc.org).

After 6 pm and on weekends, please call the COVID hotline at 520-550 -6079 to request a vaccine appointment. Please provide a current contact phone number and the vaccine scheduling team will return your call or email within two (2) business days.

#### WHO IS ELIGIBLE:

- All GRIC elders ages 55 and older OR
- ALL elders ages 55 and older living within GRIC community boundaries OR
- All GRHC patients ages 55 and older with chronic health conditions below:
  - Cirrhosis
  - Heart Disease
  - Received an Organ Transplant
  - Elder diabetics with one of the following chronic diseases – COPD, rheumatoid arthritis, any cancer, Chronic kidney disease

**GRIC Vaccine Update:** GRIC Essential employees continue to receive their COVID-19 vaccinations as part of the Phase 1b vaccine rollout.

### MIS-C IN CHILDREN WITH COVID-19

**IMPORTANT: COVID-19 vaccine is not available for children under the age of 16 at this time.**

Children can be infected with the virus that causes COVID-19 and can get sick with COVID-19. Most children with COVID-19 have mild symptoms or they may have no symptoms at all (“asymptomatic”). Some children have developed a rare but serious disease that is linked to COVID-19 called multisystem inflammatory syndrome (MIS-C).

#### What is MIS-C?

Multisystem inflammatory syndrome in children (MIS-C) is a condition where different body parts can become inflamed, including the heart, lungs, kidneys, brain, skin, eyes, or gastrointestinal organs. We do not yet know what causes MIS-C. However, we know that many children with

MIS-C had the virus that causes COVID-19 or had been around someone with COVID-19. MIS-C can be serious, even deadly, but most children diagnosed with this condition have gotten better with medical care. For more information on MIS-C, visit [GRHC.ORG/HUB](https://www.grhc.org/hub).

## COVID-19 VACCINE Q&A

### Do I need to wear a mask and avoid close contact with others if I have gotten 2 doses of the vaccine?

Yes. Not enough information is currently available to say if or when the Centers for Disease Control and Prevention (CDC) will stop recommending that people wear masks and avoid close contact with others to help prevent the spread of the virus that causes COVID-19.



### I've heard that there is a link between Vitamin D deficiencies and COVID-19 vaccine – is it true?

There is also no solid evidence that vitamin D supplementation will lower the risk of becoming infected or developing a serious case of COVID-19.

## Stay at Home Order Remains in Effect Until March 31, 2021

The Gila River Indian Community Second Amended Comprehensive Executive Order No.9 Stay at Home Order directs all individuals who live within the Community to stay at home except to conduct essential activities. Essential activities include going to work, grocery shopping, farming or ranching activities, seeking medical care, outside physical activity, or caring for a family member, travel to and from school, special needs children attendance at school located on the reservation, or taking care of a friend or animal.

The Stay at Home Order will be strictly enforced by the Gila River Police department and can result in a citation.

## FUNERAL GUIDELINES

In a continued effort to mitigate the spread of COVID-19 on the Gila River Indian Community, adherence to protocols set forth should be followed when preparing arrangements and while honoring the deceased. This prohibition of gatherings of more than five (5) persons applies to funerals, wakes, cremations, burial and grave site services per Second Amended Executive Order No. 9. For more information and a complete list of guidelines, please visit [GRHC.ORG/funeralguide](https://www.grhc.org/funeralguide).

**Masks are available at all district service centers.**



For up to date information on available services at GRHC, visit the HUB at [GRHC.ORG/HUB](https://www.grhc.org/hub).



**GRIC:**  
[www.mygilariver.com](http://www.mygilariver.com)  
**Phone:**  
520.562.5132  
**Email:**  
[Disease.Surveillance.TH@gric.nsn.us](mailto:Disease.Surveillance.TH@gric.nsn.us)



**GRHC:**  
[GRHC.ORG/HUB](https://www.grhc.org/hub)  
**Phone:**  
520.550.6079



**OEM:**  
[www.gricsafety.org](http://www.gricsafety.org)  
**Phone:**  
520.610.8120  
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[OEM2@gric.nsn.us](mailto:OEM2@gric.nsn.us)

IMPORTANT NOTICE  
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COVID VACCINE UPDATE**

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**OR**

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**OR**

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