



The Week of
February 22, 2021

WEEKLY COVID UPDATE

What you need to know this week!

COVID-19 Surveillance Testing

Gila River Health Care recommends frequent testing for anyone who has not been tested or previously tested negative and no symptoms. COVID-19 Surveillance Testing is available at Hu Hu Kam Memorial Hospital and Komatke Health Center. For more information, visit the GRHC/HUB.ORG or call the COVID Hotline at 520-550-6079.

COVID-19 Vaccinations by the Number

Over **3,200** GRIC Tribal enrollment members have been vaccinated to date.



GRIC Vaccine Opportunities

Haven't received your first dose of the COVID-19 vaccine? Stop by one of the following locations or make an appointment to receive the vaccine!

District 3 Sacaton Boys and Girls Club (M-F from 9 am - 4 pm) and
District 6 Boys and Girls Club (W-Th from 9 am - 3 pm)

For more details on eligibility criteria, times and other vaccine locations, visit GRHC.ORG/HUB or call 602-528-1482 to schedule appointment in Primary Care Department.

About the COVID-19 Vaccines

The Moderna and Pfizer COVID-19 Vaccine...

- Uses mRNA to provide a blueprint for your cells to build your body's defense against SARS CoV 2, the virus that causes COVID-19.
- Does not contain SARS CoV 2, or any virus—just the blueprint to help fight against it.
- Moderna: Has proven to be 94.1% effective against COVID-19.
- Pfizer: Has proven to be 95% effective against COVID-19.



What Is Known About the Safety of the Vaccine?

Side effects that have been reported with the Moderna and Pfizer COVID-19 Vaccines include:

- **Injection site reactions: pain, tenderness and swelling of the lymph nodes in the same arm of the injection, swelling (hardness), and redness**
- **General side effects: fatigue, headache, muscle pain, joint pain, chills, nausea and vomiting, and fever**

Signs of a severe allergic reaction can include:

- Difficulty breathing
- Swelling of your face and throat
- A fast heartbeat
- A bad rash all over your body
- Dizziness and weakness

For more information about the Moderna and Pfizer vaccines, please visit www.cdc.gov/vaccines/covid-19/

Did you know that...

You will need 2 shots in order for the Moderna/Pfizer COVID-19 vaccines to work! It is very important to get the second shot even if you have side effects after the first one, unless a vaccination provider or your doctor tells you not to get a second shot.

It takes time for your body to build protection after any vaccination! Side effects may feel like flu and even affect your ability to do daily activities, but they should go away in a few days.

COVID-19 Vaccine



Myth

The COVID-19 Vaccine causes breast cancer.

Fact

Both the Pfizer and Moderna vaccines can cause lymph nodes to swell, particularly those in the armpit on the side where the shot was received. Some women are feeling these armpit lymph nodes and mistaking them for breast lumps, according to a recent report.

Further, these swollen lymph nodes can show up in a mammogram even if women can't feel them. Society Breast Imaging and GRHC providers recommend women to schedule their routine screening mammogram either prior to their COVID vaccine or 4 - 6 weeks following the 2nd COVID shot.



For up to date information on available services at GRHC, visit the HUB at GRHC.ORG/HUB.

Myth

The COVID-19 Vaccine causes infertility.

Fact

No. There is no evidence that receiving one of the vaccines can lead to a loss of fertility. During the COVID-19 vaccine trials, no trial participants reported a loss of fertility or fertility issues. In the animal studies there were no signs of infertility or abnormalities with the placenta. With worldwide distribution of the vaccines, no associated loss of fertility has been noted. In addition, there is no evidence of an increased risk of miscarriage or stillbirth associated with receiving any COVID-19 vaccines.

There are several studies noting a decreased in sperm count in men who were infected with the COVID-19 virus. This is likely due to an increased immune response in the testis and is believed to be short-term. There is no association of decreased sperm count in men who received a COVID-19 vaccine.

Source:

American College of Obstetricians and Gynecologists, American Society of Reproductive Medicine, and Society for Maternal-Fetal Medicine (ACOG.ORG)



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