

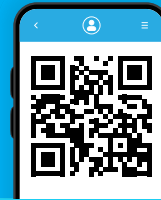


Gila River
HEALTH CARE

Behavioral Health Services

JUNE 2022

(480) 868-7723 | GRHC.ORG/BHS | BHSprevention@GRHC.ORG
COVID Anxiety and Stress Helpline: (602) 528-7122



Scan the QR code then click the link to register!

Monday	Tuesday	Wednesday	Thursday	Friday	Sat.	Sun.
Month Long Activities						
Opioid Awareness Book Club		Medicine Disposal Safety				
Youth Drug Free Art Activity		Youth Y2L Bingo Challenge				
6 Online Learning: Meth (12p- 1p)	7 Active Parenting 0-5 (6/7, 6/8, 6/9) 9a-11a QPR Suicide Prevention (12p-1p)	8 Online Learning: Healthy Relationships (1p- 2p)	2 Online Learning: Marijuana (11a - 12p) Family, Friends & Neighbors (1p-3p)	3		
13 QPR Suicide Prevention (6p-7p)	14 Online Learning: Self Care (11a- 12p)	15 Online Learning: Alcohol (11a - 12p) Online Learning: Parenting as Prevention (9a- 10a)	9 Online Learning: Fentanyl (2p - 3p) Family, Friends & Neighbors (1p-3p)	10 Healthy Relationship Paint Night (6p - 7:30p)		
20 Teens: QPR Suicide Prevention (6p-7p)	21 Active Parenting General (6/21, 6/22, 6/23) 9a-11a	22	16 Online Learning: Digital Wellness (12p- 1p) Family, Friends & Neighbors (1p-3p)	17 Gila River Prevention Coalition Meeting (10a-11a) QPR Suicide Prevention (1p-2p)		
27 Online Learning: Alcohol (11a - 12p) Online Learning: Parenting as Prevention (1p- 2p)	28 Opioid Safety and Narcan (10a-11a)	29 Online Learning: Current Drug Trends (12p- 1p)	23 Family, Friends & Neighbors (1p-3p)	24 QPR Suicide Prevention (1p-2p)		
			30	<p>To receive an Elder Care Package, Call Shayla at (520) 610-3445</p> 		



National Suicide Prevention Lifeline: 1-800-273-8255

Gila River Indian Community CRISIS HOTLINE: 1-800-259-3449