

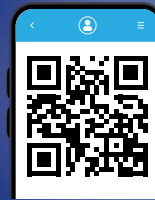


Gila River  
HEALTH CARE

# Behavioral Health Services

# JULY 2022

(480) 868-7723 | GRHC.ORG/BHS | BHSprevention@GRHC.ORG  
COVID Anxiety and Stress Helpline: (602) 528-7122



Scan the QR code then click the link to register!

Monday	Tuesday	Wednesday	Thursday	Friday	Sat.	Sun.
	<p>Month Long Activities</p> <p>Medicine Disposal Safety</p> <p>Youth Y2L Bingo Challenge</p>			1		
<p>Happy 4<sup>th</sup> of July</p> 	5	6	7	8		
11	12	13	14	15		
18	19	20	21	22		
25	26	27	28	29		
					 <p>To receive an Elder Care Package, Call Shayla at (520) 610-3445</p>	

National Suicide Prevention Lifeline: 1-800-273-8255

Gila River Indian Community CRISIS HOTLINE: 1-800-259-3449