



Culturally Competent
Compassionate
Care



Practicing kindness all day, every day

MEMORIAL DAY CLOSURE

Hu Hu Kam Memorial Hospital Clinics, Komatke Health Center Clinics, and the Ak-Chin Clinic will be closed **MONDAY, MAY 30, 2016.**

Normal business hours will resume on Tuesday, May 31, 2016.

If you need medical assistance, call 9-1-1 or visit the Emergency Department at Hu Hu Kam Memorial Hospital.

SCHOOL AND SPORTS PHYSICALS

The Primary Care and Pediatrics Departments located at the HHKMH Campus anticipate a busy summer.

CALL NOW TO SCHEDULE A SCHOOL/SPORTS PHYSICALS APPOINTMENT!

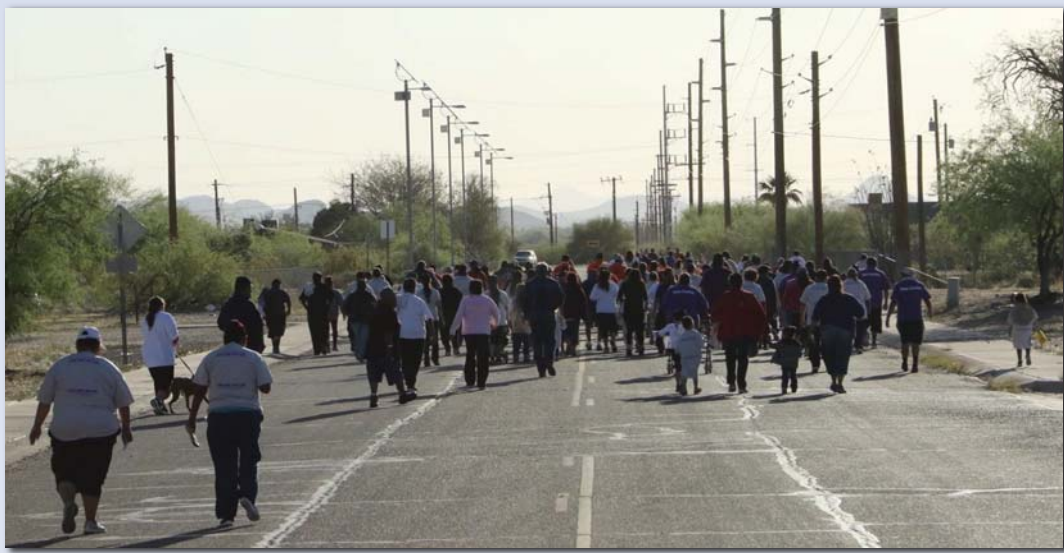
We encourage you to schedule with your provider at any of our campuses. For a limited time in April, we will also offer clinics at HHKMH (only) on Saturdays.

To schedule an appointment, call (602) 528-1200 ext. 1495.

2016 CANCER AWARENESS DAY



Gila River Health Care proudly sponsored the 2016 Cancer Awareness Day.



2016 MUL-CHU-THA

GRHC employees proudly marched in this year's event. The GRHC people entry boasted a message of health and wellness and a vibrant exhibition of the "cupid shuffle." The Caring House placed first place, and GRHC placed second place in the Department/Entities category. The Emergency Medical Services Department nabbed first place in the Marching Unit category.



Important Patient Information

INFECTION PREVENTION

Speak up for your care!

- If you are having surgery, ask if you should shower with a germ-killing soap ahead of time.
- Take medication as directed.
- Ask about safe injection practices. Remember: **One Needle, One Syringe, only One Time.**
- If your room looks dirty, ask to have it cleaned.
- Every day, ask if you still need your catheter.
- Sneeze & cough into your elbow, not your hand
- Clean your hands and make sure everyone does around you too.



Who are infection preventionists?

Infection preventionists use their detective skills to find the bad germs & make sure everyone is doing the right things to keep you safe.

Healthcare workers will clean their hands before and after they care for you.

Your healthcare workers will wear gloves, gowns, & masks at the right times. If you are in isolation, you & your visitors may need to do this too.

Your room & any equipment that is used on you will be clean.

Catheters or other devices will be placed in your body after your skin receives proper cleaning.

FOR MORE INFORMATION CONTACT:
Marcy Hamblin
Infection Prevention Specialist
(520) 662-3321 Ext. 1556

2016 DAY OF HOPE

2016 Day of Hope for Elders, Adults, and Youth
"Building a Legacy of Health Through the Generations"

Friday, May 6, 2016
Sheraton Wild Horse Pass Conference Center

For more information, contact Victoria Allison at (520) 550-6007.

What are healthcare-associated infections?

Healthcare-associated infections are a result of germs entering your body during medical care.

Catheter-associated urinary tract infections
When germs travel along a urinary catheter and cause an infection in your bladder or kidney.

Surgical site infections
An infection that happens after surgery in the part of the body where the surgery took place.

Bloodstream infections
When germs enter the blood by way of a catheter or tube that is placed in your vein.

Pneumonia
Infection of the lungs.

Gila River Indian Community
Crisis Line
1-800-259-3449

Gila River Health Care
GRHC.ORG
Main Number (520) 562-3321

/GilaRiverHealthCare
 /Gilariverhealth

CONSTRUCTION

In an effort to positively enhance your experience at Gila River Health Care, we are continuing to make improvements by: Expanding and remodeling the Primary Care and Pediatric Departments' areas at HHKMH.

WE WORK FOR YOU!

Thank you kindly,
Your friends at Gila River Health Care