



## JUNE 20TH, 2016 HU HU KAM MEMORIAL HOSPITAL FRONT ENTRANCE TO CLOSE JUNE 20, 2016 - SUMMER 2017



MAIN ENTRANCE CLOSING  
JUNE 2016 - SUMMER 2017

- ➔ If you are accessing Hu Hu Kam Memorial Hospital from Seed Farm Road and parking in patient parking on the north side, you must enter at the temporary entrance located at the east side of the hospital.
- ➔ Walk-in patients must check in at the temporary registration desk located at the temporary entrance on the east side of the hospital.
- ➔ Primary Care patients with appointments or who are visiting Medical Imaging and Lab should check in at the main registration desk.
- ➔ Patients visiting the Pharmacy may use any entrance and do not need to stop at either registration desk.
- ➔ Look for more information and detailed maps online and in the hospital.

Questions? Need assistance?  
Please call (520) 562-3321 ext. 1424.

**NOTICE**  
June 18, 2016  
**NO SATURDAY  
CLINIC**

### IMPORTANT PATIENT INFORMATION

#### ROCKY MOUNTAIN SPOTTED FEVER

Rocky Mountain Spotted Fever (RMSF) is a tick-borne disease caused by the bacterium *Rickettsia rickettsii*. Potentially fatal in humans, it is transmitted by the bite of an infected tick. In the United States, these include the American dog tick, Rocky Mountain wood tick, and brown dog tick.

The blood-sucking tick, commonly found in wooded environments, is not just a nuisance. It can also pass along potentially fatal diseases to both humans and dogs.

**Typical Symptoms Include:**

Fever, headache, abdominal pain, vomiting, and muscle pain. A rash may also develop but is often absent in the first few days, and in some patients never develops. Doxycycline, an antibiotic, is the first line of treatment for adults and children of all ages. If you think you have been bitten by a tick, **CALL** your health care provider.

For more information, contact  
Marcy Hamblin  
Infection Prevention Specialist  
(520) 562-3321 ext. 1556.

#### CASES OF MEASLES IN AZ INCREASING

Arizona Department of Health Services and the Maricopa and Pinal County Departments of Public Health Services have confirmed several cases of measles. Measles is an extremely contagious disease.

**Typical Symptoms Include:**

Fever (101 degrees Fahrenheit or higher), red and watery eyes, cough, and a runny nose. A raised, red, and blotchy rash may appear after a few days. It starts on the head at the hairline and spreads down the body. Symptoms can begin up to 21 days after being exposed to an infected person. However, as soon as symptoms appear and up to 4 days after the rash goes away, a person is still infectious.

If you or your family has not been vaccinated, please make an appointment at HHKMH, KHC, or the Ak-Chin clinic to see your provider. Measles is preventable by vaccine (2 MMR - Measles, Mumps, and Rubella - vaccines), or if you have had measles previously, or if you were born before 1957 and received 1 MMR vaccine.

If you think you have been infected by measles, **CALL** your health care provider or **CALL** the Emergency Department before going into the clinic. The purpose of calling is so that you won't possibly expose others to measles. You will be given directions on how and when to visit the health care facility.

To review a list of dates, times, and locations that were visited by infectious persons, visit [stopthespreadAZ.com](http://stopthespreadAZ.com).

For more information, contact Marcy Hamblin  
Infection Prevention Specialist  
(520) 562-3321 ext. 1556.



## STAY HYDRATED!

- **STAY HYDRATED.**
- **DRINK MORE WATER THAN USUAL AND DON'T WAIT UNTIL YOU'RE THIRSTY TO DRINK.**
- **DRINK TWO TO FOUR CUPS OF WATER HOURLY WHILE WORKING OR EXERCISING OUTSIDE.**
- **AVOID ALCOHOLIC DRINKS OR LIQUIDS CONTAINING HIGH AMOUNTS OF SUGAR.**
- **MAKE SURE YOUR FAMILY, FRIENDS, AND NEIGHBORS ARE DRINKING ENOUGH WATER.**
- **STAY INFORMED.**
- **CHECK YOUR LOCAL NEWS FOR EXTREME HEAT WARNINGS, AND SAFETY TIPS.**
- **KEEP YOUR FRIENDS, FAMILY, AND NEIGHBORS AWARE OF WEATHER AND HEAT SAFETY INFORMATION.**

Visit [GRHC.ORG/drinkH2O](http://GRHC.ORG/drinkH2O) to find local information and tips for preventing heat sickness.

### 2016 Summer Family Health Event

*"Bringing Wellness to You in Your Community"*

Child and Adult Immunizations - Well Child Exams - Labs - Sports Physicals - Blood Sugar Checks - Blood Pressure Checks - Cancer Screenings - Diabetes Education

**TUESDAYS AND THURSDAYS**

10:00 a.m. - 2:00 p.m.

|            |         |         |
|------------|---------|---------|
| District 7 | June 2  |         |
| District 6 | June 7  | June 9  |
| District 5 | June 14 | June 16 |
| District 4 | June 21 | June 23 |
| District 3 | June 28 | June 30 |
| District 2 | July 5  | July 7  |
| District 1 | July 12 | July 14 |
| Ak-Chin    | July 19 | July 21 |

For more information, please contact Robin Henry, FNP  
Community Outreach Mobile Unit  
(520) 610-2379

### Gila River Family Fitness

For Community members only (Ages 10 - Up)

The day will be filled with fun presentations with hands-on activities for all ages! Come join us Saturday and learn how to work out in your own home or at your local gym with fitness staff that serve the Community and the Native American Fitness Council.

**District 5 Service Center, Saturday, June 4, 2016, 8 a.m. - 4 p.m.**  
**District 7 Service Center, Saturday, June 11, 2016, 8 a.m. - 4 p.m.**

For pre-registration, please call the Life Center at (520) 562-7940. On-site registration available.

Funding provided by the Gila River Indian Community Tobacco Tax Grant, administered through the Office of Special Funding and Community Services Department.



Gila River Indian Community  
Crisis Line  
1-800-259-3449

Gila River  
HEALTH CARE  
Gila River Health Care  
GRHC.ORG  
Main Number (520) 562-3321

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