



# Gila River HEALTH CARE

**NOTICE**  
**June 18, 2016**  
**NO SATURDAY**  
**CLINIC**

## ATTENTION GILA RIVER INDIAN COMMUNITY CALL FOR ARTISTS

GRHC invites local artists to submit artwork for display in the new Viola L. Johnson Administration Building

The artistic theme will convey the late Viola L. Johnson's spirit of leadership and passion for culture.

GRIC artists interested in participating are encouraged to contact Paul Molina by June 15, 2016, to schedule for an appointment.

Paul Molina  
GRHC Public Relations & Marketing Department  
(520) 610-3066  
pmolina@grhc.org

**For more information, please visit**  
**GRHC.ORG/VLJArt**

## Gila River Family Fitness

**For Community members only (Ages 10 - Up)**

Events will be filled with fun presentations and hands-on activities for all ages! Join us and learn how to work out at home or at your local gym. Instruction provided by fitness staff from the Community and the Native American Fitness Council.

**District 3 Boys and Girls Club, Saturday, June 4, 2016, 8 a.m. - 4 p.m.**  
**District 7 Service Center, Saturday, June 11, 2016, 8 a.m. - 4 p.m.**

For pre-registration, please call the Life Center at (520) 562-7940. On-site registration available.

Funding provided by the Gila River Indian Community Tobacco Tax Grant, administered through the Office of Special Funding and Community Services Department.



## IMPORTANT PATIENT INFORMATION

### BLOOD-SUCKING TICK MAY PASS ALONG POTENTIALLY FATAL DISEASES ROCKY MOUNTAIN SPOTTED FEVER

Rocky Mountain Spotted Fever is a tick-borne disease caused by the bacterium Rickettsia rickettsii. Potentially fatal in humans, it is transmitted by the bite of infected tick. In the United States, these include the American dog tick, Rocky Mountain wood tick, and brown dog tick. The blood-sucking tick, commonly found in wooded environments, may pass along potentially fatal diseases to humans and dogs.

#### Typical Symptoms Include:

- Fever, headache, abdominal pain, vomiting, and muscle pain.
- A rash may or may not develop in the first few days.

#### Treatment may include:

Doxycycline, an antibiotic, is the first line of treatment for adults and children of all ages.

**If you think you have been bitten by a tick, CALL your health care provider.**

For more information, contact Marcy Hamblin Infection Prevention Specialist (520) 562-3321 ext. 1556.

### CONFIRMED CASES OF MEASLES IN AZ INCREASING MEASLES IS AN EXTREMELY CONTAGIOUS DISEASE!

(According to ADHS and Maricopa and Pinal County Public Health Services)

#### Typical Symptoms Include:

- Fever (101F degrees or higher), red and watery eyes, cough, and a runny nose.
- After a few days, a raised, red, and blotchy rash that starts at the hairline and spreads down the body may appear.
- Symptoms can begin up to 21 days after being exposed to an infected person.
- A person is infectious as soon as symptoms appear and up to four days after the rash goes away.

#### Exposed to measles or not vaccinated? CALL BEFORE arriving to the health care facility:

- To eliminate the possible spread of measles.
- To receive special instructions about how and when to visit the health care facility.

#### Measles can be prevented:

- By vaccine (2 MMR - Measles, Mumps, and Rubella - vaccines).
- If you have had measles previously.
- If you were born before 1957 and received 1 MMR vaccine.

To review a list of dates, times, and locations visited by an infectious person, visit [stopthespreadAZ.com](http://stopthespreadAZ.com).

For more information, contact Marcy Hamblin Infection Prevention Specialist (520) 562-3321 ext. 1556.



### ELDER'S CIRCLE

#### GRIC Elder's Meeting

June 8, 2016, 9:00 am  
D7 Service Center

GRHC Topics: BHS -  
Suicide  
Prevention;  
HHKMH  
Front Entrance  
Closure



Gila River Indian Community  
Crisis Line

1-800-259-3449

[f /GilaRiverHealthCare](https://www.facebook.com/GilaRiverHealthCare)

[t /Gilariverhealth](https://twitter.com/Gilariverhealth)

[in /Gilariverhealthcare](https://www.linkedin.com/company/Gilariverhealthcare)

GRHC.ORG  
Main Number  
(520) 562-3321



GRHC EMS staff celebrated National EMS Week by giving local middle schoolers a tour of the ambulance and by hosting a presentation with BHS staff. We are grateful for what our EMS do for our Community!

### 2016 Summer Family Health Event

#### "Bringing Wellness to You in Your Community"

Child and Adult Immunizations -  
Well Child Exams - Labs - Sports  
Physicals - Blood Sugar Checks - Blood  
Pressure Checks - Cancer Screenings -  
Diabetes Education

Tuesdays and Thursdays  
10:00 a.m. - 2:00 p.m.

District 7	June 2	
District 6	June 7	June 9
District 5	June 14	June 16
District 4	June 21	June 23
District 3	June 28	June 30

For more information, please contact  
Robin Henry, FNP  
Community Outreach Mobile Unit  
(520) 610-2379

