



ACTIVE PARENTING

Class for Parents of Teens & Pre-teens

In this class you will learn what's going on in your teen's head, which will help you figure out why they do the things they do. You'll learn how to open up the lines of communication, encourage cooperation and responsibility, and discipline effectively. You'll also explore techniques for solving the inevitable problems that crop up.

Each class we will talk about important and empowering tools we can use when parenting our kids. You will walk away with more knowledge and some fun incentives for learning. This is available to any parents or guardians who care for a youth ages ~10 to 18 years old.

Interested? Call or Email to Sign Up

1 DAY!

Huhukam Hospital (Conference Room A/B, by entrance)			
Friday, July 8, 2016			
8:30am - 4:00pm			

District 1 Multipurpose Building (Classroom)			
Tuesday, July 5	Thursday, July 7	Tuesday, July 12	Thursday, July 14
9:00am—11:00am	9:00am—11:00am	9:00am—11:00am	9:00am—11:00am

For these classes or other locations, please contact:
Anna Pacheco · (520) 610-4919 · apacheco@grhc.org

If you are in crisis, call: Gila River Indian Community Crisis Line 1-800-259-3449