



Gila River
HEALTH CARE

NATIVE AMERICAN DAY

Closure

Hu Hu Kam Memorial Hospital • Komatke Health Center • Ak-Chin Clinic

Schedule for all clinics:

- THURSDAY, SEPTEMBER 15TH (closes at 5 p.m.)
- FRIDAY, SEPTEMBER 16TH - closed
- SATURDAY, SEPTEMBER 17TH - closed

If you need medical assistance, visit the Emergency Department at Hu Hu Kam Memorial Hospital or call 911.

Normal business hours will resume Monday, September 19, 2016.

GILA RIVER HEALTH CARE





We believe:

YOU WERE CREATED TO LOVE AND BE LOVED.
PEOPLE NEED OTHER PEOPLE. YOUR STORY IS IMPORTANT.
BETTER DAYS ARE AHEAD. HOPE AND HELP ARE REAL.
YOU ARE NOT ALONE, AND THIS IS NOT THE END OF YOUR STORY.

*(Original message from "To Write Love on Her Arms" (TWLOHA),
a nonprofit movement to help people seek
treatment and recovery success.)*

Dear Members of the Gila River Indian Community:

September is Suicide Prevention Awareness Month, and Gila River Indian Community entities and Gila River Health Care are working hard to promote awareness on how to reach out to people in crisis.

The following activities are currently happening:

- **Monthly Suicide Prevention Trainings**

Interested? Contact us at 520-562-3321 ext. 7157 or bhsprevention@grhc.org.

- **Community Involvement through the Gila River Prevention Coalition**

Monthly meetings to collaborate how to promote healthy life choices by reducing substance abuse, suicide behaviors, and other emergent issues.

Interested? Contact us at 520-562-3321 ext. 7157 or bhsprevention@grhc.org.

- **Development of a Comprehensive Support System**

For people and families having a suicide crisis.

- **Development of a Community-Wide Awareness Campaign**

A suicide awareness and prevention-focused marketing campaign for the GRIC

If you or someone you know is in crisis, call:

Gila River Indian Community Crisis Line 1-800-259-3449 or 911

National Suicide Hotline 1-800-273-TALK (8255)

