



## IMPORTANT NOTICE FOR WALK-IN PATIENTS AT KHC PRIMARY CARE (Beginning 9/12/16)

In an effort to enhance your experience as a patient of Gila River Health Care, please note that the check-in process at the Komatke Health Center's Primary Care Department has changed. Upon arrival at KHC, walk-in patients should check in with a member of the Patient Registration Team located at the windows. We will then call you back to take your vitals soon after.

Thank you for your patience and understanding this process will ultimately benefit our patients.

For more information or questions, contact the KHC Primary Care Department at (520) 550-6000

## Steps to Flu Prevention

Everyday preventative actions can help slow the spread of germs and may offer protection against the flu.

- Try to avoid close contact with sick people.
- While sick, limit contact with others as much as possible to keep from infecting them.
- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose, and mouth. Germs spread this way.
- If an outbreak of flu or another illness occur, follow public health advice. This may include information about how to increase distance between people and other measures.

For more information contact:  
Marcy Hamblin  
Infection Prevention Specialist  
(520) 562-3321 Ext. 1556

## HHKMH Saturday Café

The HHKMH café is now open on Saturdays with grab - and - go items available (only) from 7 a.m. - 2 p.m. Please note the café will follow the Saturday clinic schedule for holiday and other closures that may occur.

Visit [GRHC.ORG/ABOUT/CAFETERIA](http://GRHC.ORG/ABOUT/CAFETERIA) to see available items!

Gila River Indian Community  
Crisis Line  
1-800-259-3449

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