



ASIST

Applied Suicide Intervention Skills Training

*Gila River Health Care BHS Prevention Program promotes a suicide-safer community.
ASIST is 2 day interactive training, funded by program grants and is offered at no cost to GRIC.*

OBJECTIVE OF ASIST TRAINING:

ASIST trainings are taught through lecture, group and interactive role playing settings. Participants will learn how to:

- Recognize warning signs.
- Engage help and talk to someone thinking about suicide.
- Keep others safe and seek further assistance by utilizing appropriate community resources

IMPORTANT TRAINING INFORMATION:

- **Training begins each day at 8:30 AM and ends at 4:30 PM.**
- Trainings register a **minimum** of 6 people total and a **maximum** of 14 people total.
- All participants are asked to respect others and limit use of electronics during training.

UPCOMING TRAINING DATES:

- THURSDAY - FRIDAY: DECEMBER 12-13, 2019**
8:30 AM - 4:30 PM at District 3 Dialysis Center
- WEDNESDAY - THURSDAY: FEBRUARY 12-13, 2020**
8:30 AM - 4:30 PM at District 6 Dialysis Center

For more information or to register for this training please feel free to contact the BHS Prevention Program ASIST Training Contact at (520) 562-3321 x 7031/ 3936 or email at apacheco@grhc.org / jaimea@grhc.org

Emergencies, always dial 911 | GRIC Crisis Line : 800-259-3449



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ASIST REGISTRATION FORM

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Name: _____

Preferred Form of Contact: Phone Call Email Text Message

Email: _____ Phone: _____