



MENTAL HEALTH FIRST AID®

Gila River Health Care BHS Prevention Program promotes a suicide-safer community.
Mental Health First Aid is full day training for adults, funded by program grants and is offered at no cost to GRIC.

OBJECTIVE OF MHFA TRAINING:

MHFA trainings are taught through lecture, group, and interactive role playing settings. Participants will learn how to:

- Identify warning signs, risk factors, and protective factors.
- Assist a person who may be in the early stages of developing a mental health issue.
- Assist a person who may be in a mental health crisis.
- Identify *appropriate* community resources.

IMPORTANT TRAINING INFORMATION:

- Training is from 8:30 AM to 5:00 PM.
- Trainings register a minimum of 6 people total and a maximum of 20.

UPCOMING TRAINING DATES:

- ADULT MHFA** | November 7, 2019 District 6 Dialysis Center
****This November Training date is for Veterans and Families****
- YOUTH MHFA** | December 5, 2019 District 6 Dialysis Center
- ADULT MHFA** | January 9, 2020 District 3 Dialysis Center

For more information or to register for a this training please feel free to contact the BHS Prevention Program
Mental Health First Aid Contact at (520) 562-3321 x7031 or email at apacheco@grhc.org

Emergencies, always dial 911 | GRIC Crisis Line 1-800-259-3449



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MHFA REGISTRATION FORM

Desired Training Dates:

- ADULT MHFA** | November 7, 2019 District 6 Dialysis Center
****This November Training date is for Veterans and Families****
- YOUTH MHFA** | December 15, 2019 District 6 Dialysis Center
- ADULT MHFA** | January 9, 2020 District 3 Dialysis Center

Name: _____

Preferred Form of Contact: Phone Call Email Text Message

Email: _____ Phone: _____