WHAT TO EXPECT AFTER TESTING FOR COVID-19

After COVID-19 testing, you will be contacted with your result within 3-5 days. If you have not received a phone call after 5 days, please call
(602) 528-3378 to inquire about your COVID-19 test results. The testing result line is CLOSED on holidays and weekends.

POSITIVE

If your results are POSITIVE, a GRHC Provider will contact your with your results and review your condition, explain quarantine instructions and guidelines, and answer other questions.

- **Use the daily symptom check list to keep track of symptoms.**

- If a work excuse letter, or letter for documentation of your COVID -19 status is needed, please inform the provider at the time of call, and we will make arrangements for you to pick it up or mail the letter to the listed address on file.

- A positive result does not mean that you cannot contract the virus again in the future, so it is advised to follow the health and safety guidelines issued by the CDC (Centers for Disease Control & Prevention).

NEGATIVE

If your results are NEGATIVE, a GRHC nurse will contact you with your results.

- If a work excuse letter, or letter for documentation of your COVID -19 status is needed, please let the nurse know at the time of call and we will make arrangements for you to pick it up or mail the letter to the listed address on file.

- A negative result means that no virus was detected at the time of this test. <u>This does not mean you cannot still contract COVID-19</u>, so it is advised to follow the health and safety guidelines issued by the CDC (Centers for Disease Control).

If GRHC is unable to contact you by telephone to inform you of your COVID -19 results, a letter with the result will be sent to the address on file.

Notify your GRHC provider immediately at (602) 528-3377 for any new symptoms or worsening of existing symptoms.

If you have any general COVID-19 related questions or concerns, please call the COVID-19 hotline (520) 550-6079 for more information.