

Women are Sacred
grows out of our
stories and our teachings.
When something is held as
sacred, it is to be respected,
honored, and held with the
high regard of its power.

This means that when you
are treated with respect,
you are given messages in
words and in actions that
show you that you are
valued, loved, and treated
with care.

A woman living life without violence carries
strength and beauty in her spirit and laughs,
and loves from deep within.

LIVING A LIFE WITHOUT VIOLENCE

Resources

GRIC Crisis Line

1.800.259.5949

GRIC DV Crisis Line

1.855.203.5949

Tribal Warm Line

1.855.728.8630

GRIC Police

520.562.3361

Shelter Hotline

1.800.799.7739

GRIC On Eagle Wings

DVS Crisis Line

1.855.203.5849

Crime Victim Services

520.562.4106

Hu Hu Kam Memorial Hospital

520.562.3321

Contact Information

Chandra Caraway

Lead Counselor

Phone: 602.528.7152

Cell: 520.610.1364

Jules Blue-Bailon

Counselor

Phone: 602.528.7043

Cell: 520.610.9187

O.A.S.I.S.

520.562.3323



Gila River
HEALTH CARE

Women
Are
Sacred

O.A.S.I.S

EMPOWERMENT

FOR

SURVIVORS

Mission

Our purpose is to empower survivors of domestic violence, by providing education, support, and resources necessary for creating a safe environment for themselves and their children.

National Domestic Violence Hotline

(800) 799-SAFE (7233)

(800) 787-3224 - TDD line

What is Domestic Violence

“Domestic violence is a pattern of abusive behavior in any relationship that is used by one partner to gain or maintain power and control over another intimate partner. Domestic Violence can be physical, sexual, emotional, economic, or psychological actions or threats of actions that influence another person. This includes any behaviors that intimidate, manipulate, humiliate, isolate, frighten, terrorize, coerce, threaten, blame, hurt, injure, or wound someone.”
(Dept. of Justice 9/2016)

Group Topics

- Safety planning
- What is domestic violence
- Substance abuse and domestic violence
- Healthy relationships
- The effect of domestic violence on children
- Coping strategies

Are you living with Domestic Violence

- Is your partner asking you questions about whether you are faithful or is he/she expressing jealousy?
- Has your partner ever been physically or emotionally abusive toward you?
- Are you starting to feel like you are losing your relationships with your family or friends because of your partner's actions?
- Has your partner ever hurt your pets?
- Has your partner ever destroyed your property or things you care about?
- Has your partner ever tried to stop you from going to school or work or doing things you like to do?
- Has your partner ever forced you to have sex when you did not want to?
- Are you ever afraid of your partner or going home? Does he/she make you feel unsafe?