
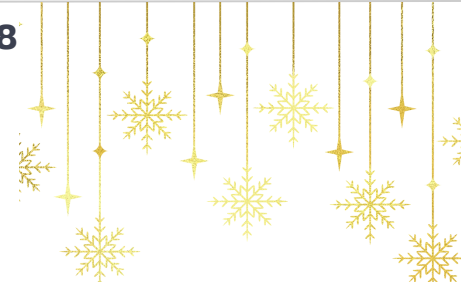


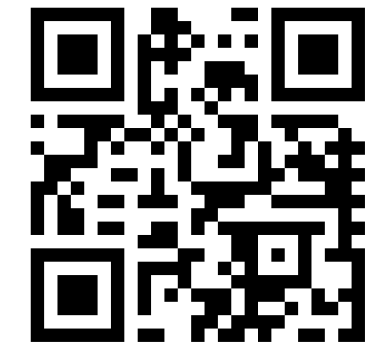


Monday	Tuesday	Wednesday	Thursday	Friday
1 	2	3 <div>Current Drug Trends D3 New Beginnings Building 2pm-3pm</div>	4 <div>Yes to Life! & Narcan Booth D3 Post Office 10am-12pm</div> <div>Mental Health Awareness 6pm-7pm</div>	5 <div>Yes to Life! RV Drive Thru D5 Vendor Lot 11am-1pm</div> <div>2024</div>
8 <div>Active Parenting of Teens 9am-12pm</div>	9 <div>Active Parenting of Teens 9am-12pm</div> <div>Narcan Education D1 Service Center 11am-1pm</div> <div>Narcan Education D7 Service Center 2:00pm-3:30pm</div>	10 <div>Yes to Life! & Narcan Booth D2 Service Center 10am-12pm</div> <div>Mental Health Awareness & Hot Cocoa D3 South Housing, Whipsmal Rd 5pm-6pm</div>	11 <div>Stress & Self-Care 5pm-6pm</div>	12 <div>Journaling for Prevention 10am-11am</div> <div>QPR Suicide Prevention 10am-11am</div>
15 <div>Yes to Life! & Narcan Booth D1 Gas Station 9am-12pm</div>	16 <div>Mental Health First Aid D6 Dialysis Center 8:30am-5pm</div> <div>Stress and Self Care 11am-12pm</div>	17 <div>Full Day: Active Parenting of 0-5 years Red Tail Hawk 9am-4pm</div> <div>Mental Health Awareness & Hot Cocoa D2 Basketball Court, Siflic St. 5pm-6pm</div>	18 	19 <div>Gila River Prevention Coalition D3 Dialysis Center 10am-12pm</div> <div>Move & Groove Self-Care Line Dance D5 Service Center 5pm-7pm</div>
22 <div>Active Parenting D6 Shegoi Building 9am-12pm</div>	23 <div>Active Parenting D6 Shegoi Building 9am-12pm</div> <div>Winter Storytelling Night D6 Service Center 6pm-8pm</div>	24 <div>Narcan Education D4 Service Center 11am-1pm</div> <div>Parenting as Prevention: Create Chores Chart D5 Service Center 5pm-7pm</div>	25 <div>Alcohol Awareness Super Bowl Obstacle Challenge D5 Service Center 5pm-7pm</div>	26 <div>Narcan Education Booth D6 Service Center 1pm-2:30pm</div> <div>Journaling for Prevention 10am-11am</div>
29 	30 <div>Winter Storytelling Night D2 Service Center 6pm-8pm</div>	31 <div>SafeTALK Suicide Prevention D3 New Beginnings Building 9am-12pm</div> <div>Prescription Safety & Narcan Booth D3 & D5 Post Office 9am-1pm</div>	<div>CALL OR TEXT 988 FOR THE SUICIDE & CRISIS LIFELINE</div> <div>GILA RIVER INDIAN COMMUNITY CRISIS HOTLINE: 1 (800) 259-3449</div> 	

Access our monthly calendar
www.GRHC.org/BHS
 520-610-5840
 COVID Anxiety & Stress Helpline
 602-528-7122



Would you like access to our BHS
 online calendar? Scan this QR
 code to see all of our January
 events & activities.



= Online



= In person



= RV