









SEPTEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>2</p> 	<p>3</p> <p>Yes to Life! Info Booth District 2 Service Center 10:00AM - 12:00PM</p>	<p>4</p> <p>Yes to Life! 1 Mile GLOW WALK District 3 Fairgrounds 6:00PM - 8:00PM</p>	<p>5</p> <p>Yes to Life! Info Booth District 5 Service Center 10:00AM - 12:00PM</p> <p>Bracelets for Hope Drive-Thru District 2 Basketball Court (Hwy. 87 & Siflic St.) 5:00PM - 6:00PM</p>	<p>6</p>	<p>7</p> 
<p>9</p> <p>Active Parenting of 0-5 Years District 3 New Beginnings Building 9:00AM - 12:00PM</p> 	<p>10</p> <p>Mental Health Awareness District 6 Shegoi Building 12:00PM - 1:00PM</p>	<p>11</p> <p>Yes to Life! & Narcan Booth District 6 Service Center 8:00AM - 10:00AM</p> <p>QPR & Youth Craft Night District 3 Service Center 5:00PM - 6:30PM</p>	<p>12</p> <p>Yes to Life! Paint Night District 5 Service Center 6:00PM - 8:00PM</p> 	<p>13</p> <p>Suicide Prevention Awareness District 5 Gas Station 11:00AM - 1:00PM</p> <p>Stress & Self-Care Move & Groove Line Dance District 1 Service Center 5:00PM - 7:00PM</p>	<p>14</p>
<p>16</p> <p>Active Parenting (General) District 3 New Beginnings Building 4:00PM - 7:00PM</p>	<p>17</p> <p>Yes to Life! & Narcan Booth District 7 Service Center 9:00AM - 11:00AM</p> <p>QPR Suicide Prevention District 5 Service Center 3:00PM - 4:30PM</p>	<p>18</p> <p>Adult Mental Health First Aid District 2 Service Center 8:30AM - 5:00PM</p> <p>Yes to Life! Bingo District 6 Service Center 5:00PM - 7:00PM</p>	<p>19</p> <p>Stress & Self-Care District 5 Service Center 3:00PM - 4:00PM</p>	<p>20</p> 	<p>21</p> 
<p>23</p> <p>Yoga for Mental Health District 3 Ira Hayes Park 5:00PM - 7:00PM</p> 	<p>24</p> <p>QPR Suicide Prevention 12:00PM - 1:00PM</p> <p>Stress & Self-Care Deep Breathing District 5 Service Center 5:00PM - 7:00PM</p>	<p>25</p> <p>SafeTALK Suicide Prevention District 3 New Beginnings Building 9:00AM - 1:00PM</p> <p>Yes to Life! Bingo District 3 Service Center 5:00PM - 7:00PM</p>	<p>26</p> <p>Youth Mental Health First Aid District 7 Service Center 8:30AM - 5:00PM</p> <p>Tobacco/Vaping 5:30PM - 6:30PM</p>	<p>27</p> <p>Mental Health Awareness 9:00AM - 10:00AM</p> <p>Yes to Life! Community Book Fair Gila Crossing Community School Gym 5:30PM - 7:30PM</p>	<p>28</p> <p>Yes to Life! Bingo District 7 Service Center 12:00PM - 3:00PM</p>
<p>30</p> <p>QPR Suicide Prevention 5:00PM - 6:00PM</p>	<p>September is Suicide Prevention Awareness Month</p> <p>Remember to reach out to friends & family</p> 				

Behavioral Health Services
GILA RIVER HEALTH CARE

Access our monthly calendar
at www.GRHC.org/BHS
(520) 517-3707
BHSprevention@GRHC.ORG



Scan this QR Code to see
up-to-date events/activities!

-  = In-person
-  = Online
-  = Mobile RV

CALL OR TEXT 988 FOR THE
SUICIDE & CRISIS LIFELINE
Gila River Indian Community
CRISIS HOTLINE:
1 (800) 259-3449

