



# Active Parenting

## Objective

Each class encourages discussion about the important tools parents use to parent their child(ren).

- Understand a child's brain development
- Encourage cooperation, positive behavior and responsibility
- Improve communication and effective discipline
- Explore techniques for solving the unavoidable problems that may arise

**Register Here**



- Attend the full 6 hour class to receive a Certificate of Attendance
- Minimum of 3 participants are required

**FEBRUARY**  
**9:00 AM - 12:00 PM**  
Parents of Teens, 2 Days, In-person  
February 9 & 10, 2026  
District 6 Shegoi Building

---

General Class, 2 Days, Online  
February 23 & 24, 2026  
Online WebEx

**For more information, contact:  
520-610-3445 or [snarcisco@grhc.org](mailto:snarcisco@grhc.org)**

Provided by Behavioral Health Services