

LEGO THERAPY FOR NEURODIVERGENT CHILDREN

Support your child's development one brick at a time.

What We Will Learn

Mindfulness

Self-Esteem

Growth Mindset

Family & Life Changes

Emotional Management

Conflict Resolution

Focus & Attention Skills

Coping Skills

Friendship & Collaboration

Managing Emotional Intensity

Reducing Negative Thinking & Self-Talk

Reminders

Referral Is Needed:

Please Contact your counselor or case manager to schedule an appointment.

Who

- Children ages 6-12

Upcoming Events

- Thursdays
- 4:30 – 5:30 PM

Contact Info

Facilitator: Laura Cubas

Phone: 602-528-7100 Ext 7183