

MAY 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Behavioral Health Services
GILA RIVER HEALTH CARE



We have a mobile app!
Say Yes to Life! by
downloading today!
(Create account to earn points)



**This Quarter's
Incentive Opportunities!**



1

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✦ COPING TIPS ✦

*Make sure your basic
needs are being met.*



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Active Parenting (General)
9:00AM - 12:00PM

**Mental Health Awareness
Info Booth**
District 5 Gas Station
9:00AM - 11:00AM

**Marijuana Awareness
Info Booth**
District 5 Gas Station
4:30PM - 6:00PM

Healthy Relationships
District 3
Multipurpose Building
6:00PM - 7:00PM

QPR Suicide Prevention
District 3
New Beginnings Building
11:00AM - 12:00PM

**Mental Health Awareness
Info Booth**
District 3
Ocotillo & Seed Farm Road
9:00AM - 11:00AM

**11 National Prevention Week
Informational Booths**
Stop by our booths!
Hu Hu Kam Hospital Lobby
or
Komatke Health Center Lobby
or
Red Tail Hawk Lobby
11:00AM - 1:00PM

**12 SafeTALK
Suicide Prevention**
District 3
New Beginnings Building
9:00AM - 1:00PM
Fentanyl Awareness
District 4 Multipurpose Building
11:00AM - 12:00PM
Family Coping & Wellness
District 5 Service Center
5:00PM - 6:30PM

13 Mental Health First Aid
District 3
New Beginnings Building
8:30AM - 5:00PM
Alcohol Awareness
District 5 Service Center
6:00PM - 7:00PM

**14 National Prevention Week
DIY Self-Care Kit**
Family Night
District 6 Service Center
5:00PM - 7:00PM

15 Opioid Awareness Booth
District 3
Sacaton Market
11:00AM - 12:30PM

16 Mental Health Expo
District 3
New Beginnings Building
9:00AM - 1:00PM
Register Here

18

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Active Parenting (0 - 5 Years)
District 6 Shegoi Building
9:00AM - 12:00PM

Narcan Education Night
District 6 Service Center
5:30PM - 6:30PM

21 Heroes Carry Narcan Booth
District 2 Crossroads
11:00AM - 12:30PM
Parenting as Prevention
& Line Dance
District 7 Service Center
5:00PM - 7:00PM

**22 National Prevention Week
DIY Self-Care Kit**
Family Night
District 1 Service Center
5:00PM - 7:00PM

✦ COPING TIPS ✦

Make a list of your strengths.



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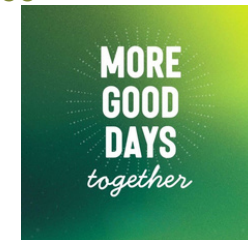


Narcan Education Night
District 3
Multipurpose Building
5:30PM - 6:30PM

**27 Marijuana Awareness
Info Booth**
District 6 Gas Station
4:30PM - 6:00PM

28 QPR Suicide Prevention
District 7 Service Center
6:00PM - 7:00PM

29 Opioid Awareness Booth
District 5 Gas Station
11:00AM - 1:00PM
Family Coping & Wellness
District 6 Service Center
5:00PM - 6:30PM



Access our monthly calendar at
www.GRHC.org/BHS

(520) 517-3707

BHSprevention@GRHC.ORG



Scan this QR Code to see
up-to-date events/activities!



= In-person



= Online



= Mobile RV

CALL OR TEXT 988 FOR THE
SUICIDE & CRISIS LIFELINE

Gila River Indian Community

CRISIS HOTLINE:
1 (800) 259-3449

