



JUNE

ONLINE EDUCATION

6:00PM – 7:00PM

**Stress &
Self-Care**

JUNE 8TH



**Vaping
Awareness**

JUNE 15TH



**QPR Suicide
Prevention**

JUNE 29TH



- ✓ **Bring a friend!**
- ✓ **Attend a session to receive supplies!**
- ✓ **Receive a certificate of attendance!**

**Questions? Contact:
agonzales2@grhc.org or 520-610-5406**

Provided by Behavioral Health Services

CALL OR TEXT 988 FOR THE SUICIDE & CRISIS LIFELINE

Gila River Indian Community CRISIS HOTLINE: 1-800-259-3449